



St. Boniface

Diocesan High School

Newsletter

ISSUE

4

December
2020

Hours of Operation

School Opens: 7:30am – 4:00pm

Office Hours: 8:00am – 4:00pm

Student pickup – by 4:00pm

Student Access Times Pandemic Precautions

7:55 am – 8:10 am

Front Doors: Grade 9

Accessibility Doors: Grade 10

8:10 am – 8:25 am

Front Doors: Grade 11

Accessibility Doors: Grade 12

3:00 pm dismissal

Grade 11: Front doors

Grade 12: Accessibility Doors

3:13 pm dismissal

Grade 9: Front doors

Grade 10: Accessibility Doors

Please remind students that they are to exit the same doors they enter through and that they are to leave the school immediately after dismissal, and not to remain inside the school or on school grounds.

Retreats, Assemblies and Masses

Due to pandemic concerns all retreats, assemblies and masses will be cancelled until further notice. Masses and other events, where practical, will be held virtually.



this issue

Principal's Message **P.1**

Bursary Funding Drive **P.2**

Course Briefs/Board Comments **P.3**

Counsellor's Corner/Student Council **P.4**

Parents' Guild/School Life in Pictures **P.5**

Event Calendar **P. 6, 7**

Principal's Message



What an amazing school we have! Even in the midst of a pandemic, our students are keeping in good spirits. These are difficult times, but we are embracing the environment for

which we are in, and pray that the Holy Spirit continues to lead our students through.

Our Students, Student Council and of course the Staff have been working to sustain and promote a positive school culture; you can see and feel a sense of belonging within our school walls.

"we.....pray that the Holy Spirit continues to lead our students through.

We are within the season of Advent, "**May God, the source of hope, fill you with all joy and peace by means of your faith in Him, so that your hope will continue to grow by the power of the Holy Spirit.**" **Romans 15:13.** Advent is a time to embrace hope, love, joy and peace. Christmas is around the corner and we know it will not be a "usual" time, but we hope that we can celebrate and embrace who will be around our table this year within our household, staying safe and healthy. We

know if we do this now, we can all gather at a later date.

Please join us in putting the year of 2020 behind us, and praying for a POSITIVE 2021. It has been quite an eventful year for all our students and staff, turning on a dime and riding this roller coaster, but everyone has done a wonderful job at keeping their eye on the light at the end of the tunnel. On behalf of the staff and students, we want to wish you a joyous Christmas and a blessed New Year.



Feeling isolated? Alone? Depressed?

Reach out to family, a friend, a teacher or your priest. There are people who love YOU and they care. Talk about it and we'll get through these times together stronger than ever! Or if there's an issue you'd rather keep confidential, visit the SBDHS website and click on the Student Support tab. You can connect with a safety staff member in confidence.

DON'T SUFFER ALONE!

Board Of Directors Members

Mr. Larry Wandowich
Chairperson

Mr. Sylvester Oyamienlen
Vice-Chairperson

Mrs. Sandy Raposo-Lloyd
Secretary/Treasurer

Sr. Susan Wikeem
Member

Fr. Carl Tarnolpolski
Member

Mrs. Lisa Saunders
Member

Mr. Clark Sinnott
Member

PSST World

Confidential Student Help Line

Our school has set-up a confidential student help-line which is accessible on our website. This permits students to connect with a designated safety monitor if they wish to report issues that include bullying, harassment, social media, racism, discrimination, drugs/alcohol, threats or violence. Every student has the right to a safe and caring educational environment, and this help-line is another initiative our school has installed to meet this objective.

Board of Directors - Message

The Board of Directors welcome the students, families, and staff to St. Boniface Diocesan High School. We pray that the 2020-2021 school year is one of faith, challenge, and acceptance. We encourage you all to make this year the best it can be and embrace the opportunity which will present itself to you in many different ways every day. Our hopes for you are that the daily experiences at SBDHS will provide inspirational and fond memories that will reflect a year of faith, learning, and friendship.

If you are interested in joining the Board of Directors, please contact the school office (204-987-1560) to provide your name and phone number. The Board meets in the school library, every third Thursday of the month 7:00 p.m. to 9:00 p.m.

Mental Health Committee

In order to deal with the potentially deleterious mental health effects resulting from the Covid Pandemic – as well as the day-to-day stresses which may impact students and staff - we have set-up a mental health committee. The SBDHS Mental Health Committee is committed to the success of all our community members by creating an environment that is supportive of mental well-being. This includes an ongoing dedication to creating and sustaining a supportive school culture and institutional ethos without stigmatization and discrimination with regard to mental health.

Issues of mental wellbeing, stigma, and discrimination against people with perceived mental health issues can affect all members of the SBDHS community, and can interfere with their success as well as impact on school's mission. In order to support our vision our committee's aim is to develop and maintain a vibrant, flourishing school community and environment that sustains mental wellbeing for all members to succeed. This will be achieved through providing opportunities for mental well-being promotion, education, capacity-building and support.

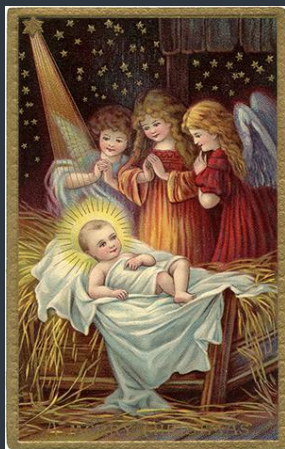
Dates to Remember

Dec 2020

Dec 1 – Grad photos (postponed)
Dec 2 – Parent/teacher conferences
*Dec 3 – Advent Mass 2 pm
Dec 8 – Reconciliation
*Dec 9 - Creative Arts Showcase
Dec 17 – Last day of classes
Dec 18 – PD Day – no school
Dec 21 – Jan 1 – Christmas break

Jan 2020

Jan 4 - 15 – Remote learning
Jan 5 – 2:15 dismissal
*Jan 8, 9 – VG Home tournament
Jan 11 – Re-registration presentations
Jan 11 Parents' Guild 6:30 pm
*Jan 15 - Grad photo re-takes
Jan 20 – Jan 28 – Exams
Jan 25 – Jan 28 – Course changes
*Jan 29, 30 – JV Elmwood tournament
*Event may be pre-empted by Covid



Christmas Verses

"In all things I have shown you that by working hard in this way we must help the weak and remember the words of the Lord Jesus, how he himself said, 'It is more blessed to give than to receive.'" – Acts 20:35

"And there were shepherds out in the field, keeping watch by night. And an angel of the Lord appeared to them, and the glory of the Lord shone around them." – Luke 2:8-9



The St. Boniface Diocesan High School Bursary Fund gives students unparalleled experiences in faith, academics, athletics, arts, and all areas of pursuit at school.

The St. Boniface Diocesan High School Bursary Fund is key to maintaining the access and diversity of our student body and is part of the legacy of our SBDHS roots.

In addition, tuition alone does not cover the cost of maintaining our facility and providing high-quality programs which are the hallmark of an SBDHS education. St. Boniface Diocesan High School relies on the generosity of alumni, parents, and friends to enrich student experiences and enhance school programs.

Your Participation Matters

Gifts to The St. Boniface Diocesan High School Bursary Fund provide unrestricted resources that have a direct bearing on the quality of an SBDHS education. For the teacher who inspires, the coach who guides, or the learning that ignites, gifts of every size support the possibilities that are unbridled at school each day.

Join us in our mission in opening a world of discovery, learning and opportunity for every child and family irrespective of means.

Tax-deductible contributions are now being accepted.

Thank you for your generous and on-going support!

Bursary Funding Drive

Together, our community sends a strong signal of support for SBDHS's mission through our collective generosity.

Capital Giving

Capital giving is characterized by its transformative nature. Donors who make contributions to advance the strategic priorities of the School become a permanent part of the SBDHS experience. From supporting critical building and renovation projects to establishing bursary funds for priorities such as financial aid. Capital commitments ensure that the SBDHS experience continues generation to generation.

[Click for Donation Card](#)

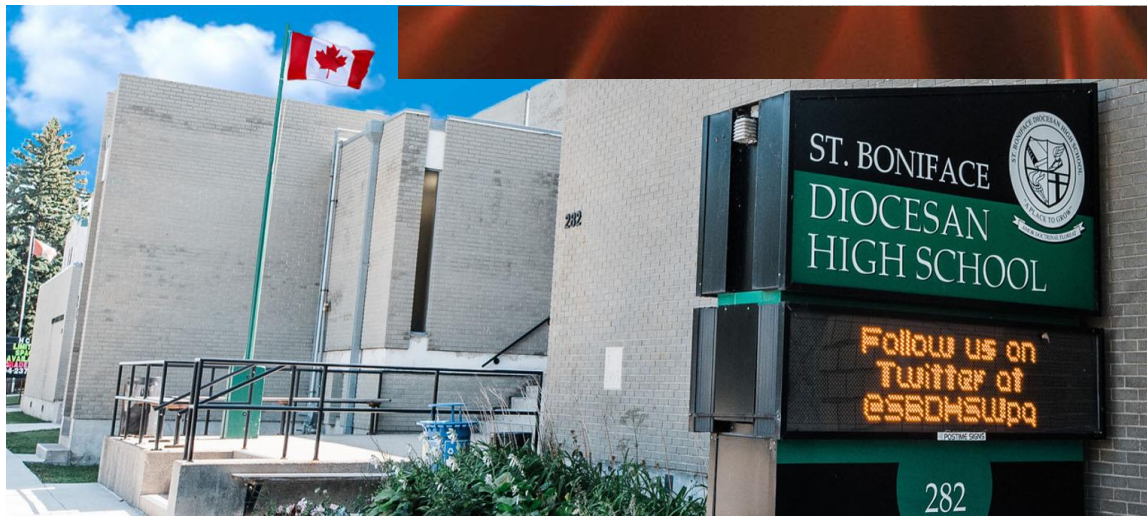


SAVE THE DATE!

**ST. BONIFACE
DIOCESAN HIGH SCHOOL
VIRTUAL OPEN HOUSE
February 3, 2021
7:30 pm**

Looking forward to connecting with you!
Book your free tickets through Eventbrite today!





Course/Activities Briefs from our Team



Physical Education

All of our Physical Education students have been getting active outside in this beautiful weather. The classes have been running, playing kickball, and other games as they have had a lot of great times with their classmates. It doesn't quite make up for the lack of competitive sports, but there have sure been a lot of smiles!

12 Days of Christmas Work-out

Get fit over the holidays with a fantastic excersie routine just for Christmas! Visit the webpage!

[Click to Stay Fit Over the Holidays](#)

Mr. Brad Scott



Math, Social Studies, Resource

Our social studies focus on contemporary

Canadian issues within a global context. We take into account important principles including democratic values, the willingness to take appropriate and ethical social action, and an appreciation for diversity.

Our Grade 9 Mathematics is a foundation course which provides students with the fundamentals to build upon as they progress through their high school studies. Numbers, patterns and relations, shapes and space, and statistics and probabilities are learning topics.

Mr. Francis Olakunle Omidiora



Campus Ministry

Although there are many things we miss with Campus Ministry this year, we continue to grow as a community

and our relationships have deepened. This year we have time for more conversations and sharing, whether during our lunch meetings, while walking Smudge in the hallways or during our online Alpha Sessions.

It felt refreshing to set up our Advent decorations and Christmas tree; These are visual reminders that we have much to look forward to! We celebrated our Advent Mass and students had the opportunity to go to Reconciliation with Archbishop LeGatt and Fr. Dmytro Dnistrian.

Thank you to all our families who brought in donations to Holy Cross Food Bank. Every year they are overjoyed to receive these gifts of dignity!

Mrs. Michelle Thiessen

What is Advent?



Advent, (from Latin *adventus*, "coming"), in the Christian church calendar, the period of preparation for the celebration of the birth of Jesus Christ at Christmas and also of preparation for the Second Coming of Christ. In Western churches, Advent begins on the Sunday nearest to November 30 (St. Andrew's Day) and is the beginning of the liturgical year. In many Eastern churches, the Nativity Fast is a similar period of penance and preparation that occurs during the 40 days before Christmas. The date when the season was first observed is uncertain. Bishop Perpetuus of Tours (461–490) established a fast before Christmas that began on November 11 (St. Martin's Day), and the Council of Tours (567) mentioned an Advent season.

The liturgical meaning of the Advent season referred to the dual "coming" of Jesus—then Roman Catholicism the traditional liturgical colour for Advent is violet; many Protestant denominations have adopted blue or purple. The third Sunday of Advent, known as Gaudete Sunday, is commonly marked by the use of rose-coloured vestments and candles.

Excerpt from Encyclopaedia Britannica



Fantastic Prices on School Gear!

Everything must be sold to make room for next year's inventory!

For the month of December everything in the Centurion store is discounted – from caps, hoodies, sweat pants and even back issues of our year books. GST and PST included in the prices so you save even more! Stock up – just in time for Christmas! Click the link below for the catalogue.

[Click here to view and download the Catalogue](#)





Counsellor's Corner

Since it is not possible to host post-secondary presentations at this

time, grade 11 students have been asked to make an appointment with the Guidance Counsellor to review their credit status as well as discuss future plans. For those that are uncertain as to their next steps beyond high school, there are various career planning tools that can be accessed. As we look towards re-registration, it is hoped that this one-on-one meeting is helpful in clarifying course options for next year. Students are welcome to see the Guidance Counsellor any time to find out information on careers of interest or get advice on course selections.



Beating Covid Stress and Anxiety

Stay connected – telephone, Zoom, social media

Spend quality time with family

Take a break from the news

Be positive – this will pass

Stay busy – get neglected things done

Get outdoors

Help others

Take care of yourself - sleep, exercise, eat well

Get help – talk to family, friends, your priest or seek professional advice

Change perspective – embrace a slower pace to life

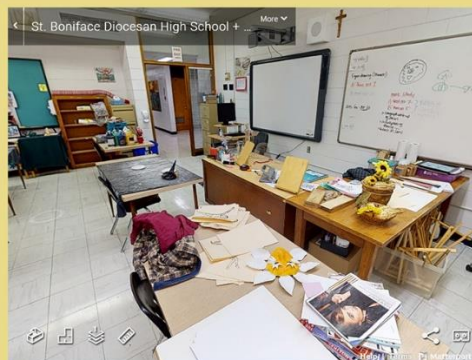
Student Council News

The SBDHS Student Council has been very active in planning and hosting many school events. We've already had three successful dress-up days along with the announcement of our TA themes. This year's TA theme is centralized around video games! All TAs have a specific game as their theme such as Fortnite, Super Mario Bros., Among Us, Sonic, and many more! To celebrate these new themes we held a door-decorating contest for each TA.

Although student activities are limited due to the pandemic, the Student Council is working very hard to provide a fun and safe year for everyone. Recently, we also held our annual Candy Cane Grams, selling candy canes with notes for the students to buy for one another. In addition to all of this, every month the Student Council will designate a Virtue of the Month, along with monthly decorated hallways to lift everyone's spirits! Another new addition, in collaboration with the Accounting 30S/40S classes, we have opened a St.B Student Store/Snack Shack where students may purchase snacks and drinks at affordable prices. And there's more to come!

For the upcoming month we are preparing virtual activities and events such as photo contests, video game tournaments, and much more.

We hope all the students are making the most out of our current situation and still having a good year in spite of the restrictions. With all that said, the Student Council and I hope everyone is staying healthy and safe, and we're wishing you the happiest of holidays. We're also looking forward to having much more fun!! – JM, Student Council President



Our Virtual Tour



Visit our website and take your virtual tour. Or watch our informative videos to find out more about what our magnificent school has to offer!



School Life in Pictures

Join the Parents' Guild

Welcome to St. Boniface Diocesan High School. As members of the SBDHS school community, all parents/guardians automatically become members of the Parents' Guild. This privilege allows parents/guardians more opportunities to be involved in the education of their children.

Volunteering at SBDHS is about building community and being supportive of the nurturing learning environment your children are educated in. As parents, you are all called upon in this regard to share your time, your talents and your treasures.

Each year, the SBDHS Parents' Guild assists with student activities and plans fundraising events to help the school with purchasing student equipment. The Parents' Guild meets once a month at 6:30 pm in the library to plan these events and relies on all parents and guardians to assist with these functions. Equal participation by all SBDHS families is vital to the ongoing success of these efforts.

Thank you for your support.

Parents' Guild Executive Members

Mrs. Jacquelyn Kelly
Chairperson

Mrs. Dorothy Herr
Staff Representative

Ms. Sandy Raposo-Lloyd
Board Representative

Ning U.
Secretary





| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|------------|---|--|---|--|--|--|
| | | 1 <i>A-2</i> Compressed B2:15 pm dismissal Staff Mtg. – 2:30 pm | 2 <i>B-1</i> Parent Teacher Conferences (Virtual)5:00 –8:30 pm | 3 <i>B-2</i> ADVENT MASS 2:00 pm Compressed B | 4 <i>A-1</i> PD—NO SCHOOL | 5 Staff Christmas Party CANCELLED |
| 6 | 7 <i>A-2</i> Reconciliation (A.M) <i>Parents' Guild @ 6:30</i> | 8 <i>B-1</i> Reconciliation (A.M) | 9 <i>B-2</i> | 10 <i>A-1</i> | 11 <i>A-2</i> PD—NO SCHOOL Principals' Luncheon | 12 |
| 13 | 14 <i>B-1</i> | 15 <i>B-2</i> | 16 <i>A-1</i> | 17 <i>A-2</i> Last day of classes Locker clean up during TA Compressed C <i>m</i> | 18 <i>B-1</i> STAFF RETREAT PD—NO SCHOOL | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| NO CLASSES | | | | | | |
| 27 | 28 | 29 | 30 | 31 | | |
| NO CLASSES | | | | | | |



JANUARY 2020

Monthly School Calendar

20 SCHOOL DAYS

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|--------------------------------|--------------------------------|--|-----|
| | | | | | 1 | 2 |
| | CHRISTMAS BREAK | | | | | |
| 3 | 4 B-2 School Resumes Remote learning | 5 A-1 Compressed B 2:15 pm dismissal | 6 A-2 | 7 B-1 | 8 B-2 | 9 |
| 10 | 11 A-1 Reregistration Presentations | 12 A-2 | 13 B-1 | 14 B-2 | 15 A-1 Grad Photo Retakes POSTPONED | 16 |
| 17 | 18 A-2 Exam review class Parents' Guild @ 6:30 | 19 B-1 Exam review class | 20 B-2 | 21 A-1 | 22 A-2 | 23 |
| | | | EXAMS | EXAMS | EXAMS | |
| 24 | 25 B-1 | 26 B-2 AMA 40S STANDARDS | 27 A-1 ESM 40S STANDARDS | 28 A-2 PMA 40S STANDARDS | 29 B-1 | |
| | EXAMS | EXAMS | EXAMS | EXAMS | EXAMS | |
| | COURSE CHANGES | | | | | |